

## BBC Learning English –Real English

### About this script

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### 关于台词的备注:

请注意这不是广播节目的逐字稿件。本文稿可能没有体现录制、编辑过程中对节目做出的改变。

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### Real English: uptight

- Jo: This is Real English from BBC Learning English. I'm Jo.
- Sun Chen: 还有我,孙晨
- Jo: Today we're going to look at words and phrases that you might not find in your English textbook.
- Sun Chen: 地道英语时段,我们说的可是英语中的新鲜词,在课本里还不一定能找得到,所以,你要仔细听.jo 快说说,今天要学的是哪个词?
- Jo: Today's word is 'uptight' – U.P.T.I.G.H.T. – uptight.
- Sun Chen: Uptight. 什么意思呢?
- Jo: If you are uptight, you are angry and anxious about something.
- Sun Chen: 一个人如果是uptight,那他一定是紧绷着弦儿,一点都不放松,你能给咱举个例子吗?
- Jo: Of course. You might say 'don't get uptight – relax!' if your friend was getting stressed and anxious about something.
- Sun Chen: 这是个好词吗?
- Jo: Not really. You could say 'my boss is too uptight today'. You mean it as a negative thing, he's stressed.
- Sun Chen: 这么说,我们在使用这个词的时候还得谨慎点儿,弄不好还要得罪人呢!

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### Insert

A: Are Mike and Angela still dating?

B: No, she decided to stop seeing him. He was always so uptight about everything.

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Jo: My ex-boss was a very uptight person.

Sun Chen: Really?

Jo: Yes. He would scream and shout all the time about nothing.

Sun Chen: He sounds terrible.

Jo: Yes, but luckily my new boss isn't uptight at all.

Sun Chen: That's good.

Jo: Yes, Sun Chen. There's nothing worse than an uptight boss.

Sun Chen: 好好,我们还是趁热打铁,赶快复习一下,如果一个人的弦儿绷得特别紧,一点不放松,就可以用uptight来形容了.

Jo: Yes, that's it. You've been listening to Real English from BBC Learning English. Join us again soon for more up-to-the-minute Real English. Bye.

Sun Chen: 再见!