



BBC WORLD SERVICE LEARNING ENGLISH

Ballroom Dancing 国标舞

Ballroom Dancing 国标舞

Celebrity Dance Show Popular Year after Year 名流国标舞表演日趋看好

Read the text below and do the activity that follows.

阅读下面的短文，然后完成练习：

Ballroom dancing in the UK used to be seen as something rather unfashionable that old people might do. For the past five years though, the popularity of ballroom dancing has soared thanks to a reality TV show.

Strictly Come Dancing is one of the BBC's big TV shows. Millions of people tune in every Saturday night to watch the show which airs from September right up to Christmas.

In the show a number of professional ballroom dancers each partner up with a celebrity. Every week they have to learn a different ballroom dance and perform it live on TV on the Saturday night.

Four judges, all of whom have a background in professional dance, give the celebrities scores and comments about their dances. It is then up to the public to call in and vote for their favourite couple. The two least favourite then have to dance again and the judges decide who stays in the competition and who leaves.

The show demonstrates how glamorous ballroom dancing is. The celebrities get to wear colourful dresses and sequined suits to dance in, and it looks like a lot of fun.

The TV programme also shows what good exercise it can be to ballroom dance and what hard work is involved in learning the dances and performing them properly.

Dance schools around the country have seen a boost in the number of people wanting to learn how to dance. And it's not only older people who are interested. Lots of children and young people in their 20s are keen to learn.

The format for the show has been copied in lots of countries around the world. In America, the show is called Dancing with the Stars and at the moment Mel B from the Spice Girls is doing very well in the show. In the British show there are famous TV presenters, former sportsmen and even rock star Rod Stewart's wife, photographer Penny Lancaster, is taking part.

So you can forget your usual exercise – why not learn a foxtrot, a tango or a jive or for the less energetic, a waltz perhaps. It's the trendy thing to do!

Glossary 词汇表

| | |
|---------------------|----------------------|
| unfashionable – 不时髦 | soared – 骤然上升 |
| tune in – 收看 | airs – 播出 |
| partner up – 结为舞伴 | live – 现场 |
| judges – 裁判 | scores – 比分 |
| up to – 由...决定 | glamorous – 华丽的 |
| sequined – 镶光片的 | a boost – 促进 |
| keen – 积极的 | the format – (程序) 方式 |
| former – 前(任) | foxtrot – 狐步 |
| tango – 探戈舞 | jive – 捷舞 |
| waltz – 华尔兹 | trendy – 时髦的 |

1. Reading Quiz 阅读测验

Are these sentences true or false? Circle the correct answer.

以下句子哪句是真?哪句是假? 请圈出正确答案。

1. Ballroom dancing has become more popular in the UK thanks to the Strictly Come Dancing TV show. True / False
2. There are three judges on the show who comment on the dances. True / False
3. It's only old people who are interested in ballroom dancing these days. True / False
4. The American ballroom dancing TV show is called Dancing with Celebrities. True / False
5. A foxtrot is a kind of ballroom dance. True / False

2. Adjectives 形容词

Let's take another look at the adjectives we've used to describe ballroom dancing. Can you match up each adjective with the correct definition?

让我们再来看看课文中出现的同交际舞相关的形容词，你能把这些词和相应的定义配对吗？

- | | |
|------------------|--|
| 1. glamorous | a. not modern or popular |
| 2. energetic | b. having lots of different colours |
| 3. unfashionable | c. attractive in a special or exciting way |
| 4. trendy | d. having lots of energy |
| 5. colourful | e. modern, influenced by recent fashions |

Now complete the following sentences with one of the adjectives from above:

用上面的形容词完成下面的填空练习：

1. My sister is so fashionable. She has just bought one of the newest _____ mobile phones available at the moment.
2. The ballroom dancers were dressed in bright pink and green and yellow – they looked so _____ on the dancefloor.
3. It's so _____ being a ballroom dancer. You get to wear long expensive dresses with sequins on.
4. My father is so _____ - he is still wearing clothes from the 1970s.
5. You need to be fit to ballroom dance. You move around a lot and it's very _____.

3. Correct the mistake 改错

Each of the following sentences have a mistake in them. Can you find the mistake and write the sentence correctly below?

下列句子中均有一个错误，你能识别吗，然后把正确的句子写出来？

1. Thanks for a TV show, the popularity of ballroom dancing has increased.

2. All four judges on the show has a background in professional dance.

3. Ballroom dancing is popularer with young people than it used to be.

4. Lots of people want to learn how to dancing because of the TV show.

5. Famous people take a part in the show.

6. Mel B from the Spice Girls is doing very good in the American version of the show.

4. Wordsearch 单词搜索

Try to find the words associated with ballroom dancing in the puzzle below.

There are ten words to find. Words can be written horizontally (g), vertically (i) or diagonally (m)

请在下面的字谜游戏中，找出与国标舞有关的英语单词来。

共有10个单词，其组成方式可能以水平的 (g) 垂直的 (i) 或对角的 (m) 形式出现。

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| j | s | h | o | p | r | b | a | l | l | r | o |
| u | x | h | b | o | o | a | p | o | p | u | l |
| d | n | p | o | p | u | l | a | r | i | t | y |
| g | l | o | w | w | e | l | l | d | a | n | s |
| e | p | r | o | f | f | r | j | u | d | s | e |
| s | c | o | r | e | s | o | f | o | x | t | q |
| s | h | o | b | e | f | o | x | t | r | o | u |
| s | e | q | u | d | a | m | o | t | i | u | i |
| p | o | p | u | a | r | i | t | a | r | o | n |
| s | h | t | a | n | g | y | i | n | p | o | p |
| s | c | o | r | c | e | s | e | g | e | e | t |
| p | r | o | f | e | s | s | i | o | n | a | l |

| | | | | |
|--------------|-------|------------|---------|--------|
| ballroom | dance | popularity | tango | sequin |
| professional | show | judges | foxtrot | scores |

Answers 答案

1. Reading Quiz 阅读测验

Are these sentences true or false? Circle the correct answer.

以下句子哪句是真?哪句是假?请圈出正确答案。

- Ballroom dancing has become more popular in the UK thanks to the Strictly Come Dancing TV show. **True**
- There are three judges on the show who comment on the dances. **False**
- It's only old people who are interested in ballroom dancing these days. **False**
- The American ballroom dancing TV show is called Dancing with Celebrities. **False**
- A foxtrot is a kind of ballroom dance. **True**

3. Correct the mistake 改错

Each of the following sentences have a mistake in them. Can you find the mistake and write the sentence correctly below?

下列句子中均有一个错误,你能识别吗,然后把正确的句子写出来?

- Thanks to a TV show, the popularity of ballroom dancing has increased.
- All four judges on the show have a background in professional dance.
- Ballroom dancing is more popular with young people than it used to be.
- Lots of people want to learn how to dance because of the TV show.
- Famous people take part in the show.
- Mel B from the Spice Girls is doing very well in the American version of the show.

2. Adjectives 形容词

Can you match up each adjective with the correct definition?

让我们再看看课文中出现的同交际舞相关的形容词,你能把这些词和相应的定义配对吗?

1. c 2. d 3. a 4. e 5. b

Now complete the following sentences with one of the adjectives from above:

用上面的形容词完成下面的填空练习:

- My sister is so fashionable. She has just bought one of the newest **trendy** mobile phones available at the moment.
- The ballroom dancers were dressed in bright pink and green and yellow – they looked so **colourful** on the dancefloor.
- It's so **glamorous** being a ballroom dancer. You get to wear long expensive dresses with sequins on.
- My father is so **unfashionable** - he is still wearing clothes from the 1970s.
- You need to be fit to ballroom dance. You move around a lot and it's very **energetic**.

4. Wordsearch 单词搜索

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|--|---|---|
| j | s | | | | | b | | | | | | | | |
| u | | h | | | | a | | | | | | | | |
| d | | p | o | p | u | l | a | r | i | t | y | | | |
| g | | | | w | | l | | | | | | | s | |
| e | | | | | f | r | | | | | | | | e |
| s | c | o | r | e | s | o | | | | | | | | q |
| | | | | | | o | x | | | | | | | u |
| | | | | | d | | m | | t | | | | | i |
| | | | | | a | | | | a | r | | | | n |
| | | | | | n | | | | n | | | | o | |
| | | | | | c | | | | g | | | | | t |
| p | r | o | f | e | s | s | i | o | n | a | l | | | |